

Deeksharambh 2026 – Student Induction Programme

Bachelor of Physical Education (B.P.Ed. Two-Year Programme)

Government College of Physical Education, Kozhikode

Higher education is a transformative journey that prepares students not only for professional careers but also for responsible citizenship, lifelong learning, and meaningful contributions to society. Students entering professional programmes often come from diverse educational, social, and cultural backgrounds. The transition into higher education therefore requires appropriate academic orientation, personal guidance, and institutional support to help them adapt confidently to their new learning environment. The Student Induction Programme (Deeksharambh), envisioned by the University Grants Commission (UGC), is designed to facilitate this transition by enabling students to understand the ethos, values, academic culture, and opportunities available within the institution.

The Deeksharambh 2026 programme at the Government College of Physical Education, Kozhikode, is organized for the newly admitted B.P.Ed. Two-Year Batch (2026–2028) with the objective of helping students integrate smoothly into the academic and professional environment of physical education. The programme aims to familiarize students with the college's vision, curriculum, academic regulations, library and support services, co-curricular opportunities, and institutional facilities. Through interactions with faculty members, senior students, alumni, and experts, the induction programme seeks to create a welcoming atmosphere that promotes confidence, collaboration, and a sense of belonging.

The ultimate goal of Deeksharambh 2026 is to empower every B.P.Ed. student to begin their professional journey with confidence, clarity of purpose, physical and mental well-being, and a commitment to excellence in education, sports, and service to society. Through this induction programme, the Government College of Physical Education, Kozhikode, reaffirms its commitment to creating competent physical educators, inspiring coaches, responsible citizens, and future leaders in the field of physical education and sports.



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Schedule

	6-30 – 8.30 am	10-11 am	11- 12.00 pm	12.00 – 1.00 pm	4.30 – 6.00 pm
03/08/26 Monday		<i>Inaugural Session & Address-</i> Prof. Dr. Prasannakumar K, Principal	<i>Academic Quality & Curriculum</i> – Prof. (Dr)Biju Lona K, Vice Principal	<i>General Discipline & Institutional Rules</i> Dr. Sunil Alphonse,, Assistant Professor.	<i>Know the campus-</i> Dr.Jayan T D,, Assistant Professor.
04/08/26 Tuesday	<i>Introduction to physical activities-</i> Dr.Sunil Alphonse, Assistant Professor	<i>Introduction to physical education “WHY Physical Education”-</i> Sunil Ramachandran, Assistant Professor.	<i>Career Opportunities in Physical Education and Sports-</i> Dr.Haris Babu K S,, Assistant Professor.	<i>Library Orientation.</i> Mr.Anil Kumar, Librarian	<i>College Orientation tour-</i> Mr. Rosh Kumar,, Assistant Professor.
05/08/26 Wednesday	<i>- Aerobics & Rhythmic Exercise Session-</i> Dr.Aruna Raj A, Assistant Professor.	<i>B.P.Ed. Curriculum, CBCS Structure & Academic, Regulations -</i> Shri.Nithin Rajan,, Assistant Professor..	<i>Vimukthi: Choose Life, Choose Fitness: A Drug-Free Journey</i> – Dr.Haris Babu K S, Assistant Professor	<i>Introduction to Intramural & Activities</i> Mr. Rosh Kumar, Assistant Professor.	<i>Team Building Games & Recreational Sports</i> Mr.Naveen R D, Assistant Professor.
06/08/26 Thursday	<i>Yoga and Mindfulness Practice</i> Prof. (Dr)Biju Lona K, Vice principal	<i>Anti-Ragging, Gender Sensitization, POSH & Student Discipline</i> Mr.Nabeel S N,, Assistant Professor.	<i>Jeevani center for students' wellbeing-</i> Mr. Sunil Ramachandran,, Assistant Professor.	<i>Extramural, Grace Marks & Scholarships</i> -Shri. Nithin Rajan,, Assistant Professor.	<i>Minor Games Session</i> Mrs.Binitha G J, Associate Professor.
07/08/26 Friday	<i>Fitness Activities</i> – Dr.Sunil Alphonse,, Assistant Professor.	<i>Role of Physical Education Teachers in schools (KTET, NET, guidance)</i> Mr. Sunil Ramachandran,, Assistant Professor.	<i>Alumni Interaction & Success Stories. Student Feedback-</i> Mr. Nabeel S N., Assistant Professor.	<i>Valedictory Session</i>	



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