



GOVT.COLLEGE OF PHYSICAL EDUCATION, KOZHIKODE, EAST HILL



West Hill P.O., PIN 673005, Kozhikode District, Kerala,
gcpekerala.ac.in /pringcpe@gmail.com ph 9188900240

A. Personal Information:																												
Name & Designation	:	Mr.Sunil Ramachandran																										
Permanent Residential Address	:	Njarekatt (H)																										
		Karore, Mundur PO																										
		Pin Code: 680541	District: Thrissur																									
		Mob. No.: 8921503899																										
	Emails. i		<table><tr><td>s</td><td>u</td><td>n</td><td>i</td><td>l</td><td>r</td><td>r</td><td>a</td><td>m</td><td>a</td><td>c</td><td>h</td><td>a</td><td>n</td><td>d</td><td>r</td><td>a</td><td>n</td><td>@</td><td>g</td><td>m</td><td>a</td><td>i</td><td>l</td></tr></table>			s	u	n	i	l	r	r	a	m	a	c	h	a	n	d	r	a	n	@	g	m	a	i
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		Aadhaar No.:775940297344																										
		PEN No.: 308652																										
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P	A	N	:	B	U	G	P	S	8	4	5	2	K															
Age and Date of Birth	:	45 06.09.1979																										
Gender (Tick)	:	Male (*) Female () Others ()																										
Height and Weight	:	(179 Cms.) (98 Kgs.)																										
Religion and Caste & Community	:	Hindu Nair																										
B.	C. Educational Qualifications (attach Proof)																											
Sl.No.	Qualifications	Board/University	Year	Percentage	Class																							
i	SSLC	CBSE	1995	58	Second Class																							
ii	Plus II/ PDC	Higher Secondary Board	1997	54	Second Class																							
iii	UG: BPE	University of Calicut	2001	74	First class																							
iv	PG: MPE	University of Kerala	2003	67	First Class																							
vii	NET/JRF	NET	2017																									

Signature of the Candidate

C. Professional Details (attach proof*)**C.1. Service Details (Total)**

Sl. No.	Designation	Dept./Organisation	From	To	Duration
i	Asst. Prof.- Govt. Colleges	Collegiate Education	23.06.2021	Till date	4 Yrs

(* Only recognised employment need to be entered)

C.1. 1 Other Service Details: (Adhoc / Temporary/ Guest)

Sl. No.	Designation	Dept./Organisation	From	To	Duration
1	Lecturer in Physical Education	DIET Palakkad	18.10.2018	17.10.2020	2 years

C.2 .Service history with Govt. Colleges :

Sl. No	Name of College	From	To	Y/M/D
1	Govt College of Physical Education	23.06.2021	Till Date	

C.3. Orientation/Refresher/Short Term Courses attended:**C3.1} Orientation Courses attended:**

Sl. No.	Organization	From	To	No. of Days
1	RAMANUJA COLLEGE, UNIVERSITY OF DELHI	06-06-2023	20-06-2023	14 DAYS

C3.2) Refresher Courses attended:

Sl. No.	Organization	From	To	No. of Days
1	RAMANUJAN COLLEGE, UNIVERSITY OF DELHI	22-07-2023	20-08-23	28

C3.3) Short Term/ MOOC Courses attended:

SPORTS NUTRITION	KRISTU JAYANTHI COLLEGE	2024
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k) Details of Seminars/Workshops attended:

Sl. No.	Topic	Resource Person/Session Chair/Paper Presenter/Coordinator/Participant	National/International	No. of Days with dates
1	'Emerging trends in sports medicine and allied sports sciences	Participant	National	2 days 10 &12 October2023
2	'Introduction to SPSS for Data Analysis	Participant	State	3 days 4 to 6 December 2023
3	'Workshop on Basic life support and disaster management	Participant	State	2 days 18 &19 January 2024
4	International webinar on Sukha Prapti through Sankhya and Shiva philosophy	Participant	International	19-06-2023
5	Ugc sponsored webinar on NEP 2020	participant	National	27-07-23

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L. Details of Publications: (Specify CARE / SCOPUS Journals if any)

Sl. No	Topic/Title	Publisher	ISBN/ISSN/Peer Reviewed	National/International	DOI
	EFFECT OF ASANA, PRANAYAMA, AND MEDITATION ON SELECTED PSYCHOLOGICAL VARIABLES AMONG SPORTSPERSONS	INTERNATIONAL JOURNAL OF ZOOLOGICAL INVESTIGATIONS.2024 SII-09	2454-3055	International	Web of Science & scopus
	Technological advancements in the world of sports	Edu reflections. 2019, p-35-37	2321-3957	national	Peer review
	Role of sports in developing the physical and psychological abilities of teaching	Edu reflections. 2018, p-29-32	2321-3957	national	Peer review
	COMPARATIVE STUDY ON PHYSICAL ACTIVITY ATTITUDE AND EATING ATTITUDE OF SPORTS HOSTEL ATHLETES AND DAY SCHOLAR-ATHLETES OF KERALA STATE	INTERNATIONAL CONFERENCE ON INTEGRATING DISCIPLINES FOR SUSTAINABLE DEVELOPMENT, volume 2 21 ST 22 ND 23 RD JANUARY 2025		International	

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