

## **Report on Women's Empowerment Program Conducted by Government College of Physical Education (GCPE), East Hill, Calicut**

On March 24th, 2025, at 11:00 AM, the Women Development Cell of Government College of Physical Education (GCPE), East Hill, Calicut, organized a special event in honor of International Women's Day, held in the college auditorium. The event aimed to highlight the importance of empowering women in today's society, and it brought together students and staff from the college to engage in meaningful discussions and reflections on this critical topic.



The program began with a warm welcome speech by Dr. Aruna Raj, Assistant Professor at GCPE, who expressed gratitude to the participants and set the tone for the day's proceedings.

The official inauguration of the event was carried out by the esteemed Prof. Prasannakumaran K, Principal of GCPE, who emphasized the significance of gender equality and empowerment in academic and social settings.





The Felicitation Address was delivered by Mrs Sindhu V. S., Associate Professor at GCPE, who spoke about the vital role of women in education, society, and various spheres of life. Her words underscored the importance of lifting each other up, particularly in the context of academic institutions.

The session was concluded with the Vote of Thanks by Mrs. Sandhya C. S., Assistant Professor at GCPE, who thanked all participants, speakers, and the audience for their support in making the event a success.



The highlight of the program was the interactive session led by the distinguished Smt. Durgamalathi P, an artist, social activist, and State Program Coordinator for Mazhavillu at K DISC. Smt. Durgamalathi delivered an engaging talk on the theme "Why It's Important to Empower Women." Throughout the session, she passionately spoke about the need for women empowerment in modern society, sharing personal experiences and insights that resonated with the audience. Her vast experience as an artist and social activist added immense value to the discussion, leaving the attendees inspired.

A special moment during the session was when Smt. Durgamalathi created a beautiful painting live, symbolizing the strength and resilience of women. The painting was a beautiful reflection of the day's theme and was highly appreciated by everyone present.



Following the session, there was an interactive Q&A segment, where students had the opportunity to ask questions regarding women's empowerment and the challenges faced by women in various walks of life. The session was insightful, thought-provoking, and provided an excellent platform for meaningful exchanges.



As a token of appreciation, Mr. Arjun O. N., Assistant Professor at GCPE, presented a Token of love from the Women Empowerment Cell to the chief guest, Smt. Durgamalathi P, for her valuable contribution to the event.

The event saw full participation from students and faculty members, making it a remarkable occasion in the college's calendar. Through this session, the Women Empowerment Cell successfully highlighted the importance of gender equality, education, and social change, marking a meaningful celebration of International Women's Day.

The program was a grand success, leaving a lasting impression on all attendees, and reinforcing the college's commitment to fostering an environment that supports and empowers women.

A handwritten signature in blue ink, appearing to read 'Aruna Raj A', with a horizontal line underneath.

**Dr. Aruna Raj A**

**Assistant Professor**

**GCPE**